

Greener Primary Care Wales Framework and Award Scheme

Fframwaith a Chynllun Gwobrwyo Gofal Sylfaenol Gwyrddach Cymru

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GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales



12/11/25

Overview of the Scheme

Launched 2022

~50 mitigation & adaptation actions

1 action = 1 point (points = award)

Agreed by our Expert Group

WHERE you work, **HOW** you work and how you **INFLUENCE OTHERS** (staff & patients)

Community Pharmacy
Community Dental Practice
Community Optometry
General Practice

A number of actions are related to BIODIVERSITY and use of OUTSIDE SPACE

Trosolwg o'r Cynllun

Lansiwyd yn 2022

~50 o gamau gweithredu lliniaru ac addasu

1 cam gweithredu = 1 pwynt (pwyntiau = dyfarniad)

Cytunwyd gan ein Grŵp Arbenigol

BLE rydych chi'n gweithio, **SUT** rydych chi'n gweithio a sut rydych chi'n **DYLANWADU AR ERAILL** (staff a chleifion)

Fferyllfa Gymunedol
Practis Deintyddol Cymunedol
Optometreg Gymunedol
Practis Cyffredinol

Mae nifer o gamau gweithredu yn gysylltiedig â BIOAMRYWIAETH a'r defnydd o OFOD AWYR AGORED



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Welcome to the Greener Primary Care Wales Framework and Award Scheme 2025-26.

Greener Primary Care Wales was established by the Primary Care Division, Public Health Wales in 2022. This Framework can help independent primary care contractors (general practices, community pharmacies, community optometric practices and primary care dental practices) improve their sustainability and environmental impact. It answers the question – "What can we do in our practice?". The Framework has been developed in collaboration with a wide range of stakeholders, including professional and contractor bodies in Wales.

The Scheme allows practices to work towards a Bronze, Silver and Gold status depending on the number of actions they implement. Public Health Wales

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Croeso i Fframwaith a Chynllun Gwobrwy Gofal Sylfaenol Gwyddach Cymru 2025-26.

Sefydlwyd Gofal Sylfaenol Gwyddach Cymru gan Adran Gofal Sylfaenol, Iechyd Cyhoeddus Cymru yn 2022. Gall y Fframwaith hwn helpu contractwyr gofal sylfaenol annibynnol (meddygydd teulu, fferyllydd cymunedol, practisiau optometreg cymunedol a phractisiau deintyddol gofal sylfaenol) i wella eu cynaliadwyedd a'u heffaith amgylcheddol. Mae'n ateb y cwestiwn – "Beth allwn ni ei wneud yn ein practis?". Mae'r Fframwaith wedi'i ddatblygu mewn cydweithrediad ag ystod eang o randdeiliaid, gan gynnwys cyrff proffesiynol a chontractwyr yng Nghymru.

Mae'r Cynllun yn caniatáu i bractisiau weithio tuag at statws Efydd, Arian ac Aur, yn dibynnu ar nifer y camau gweithredu y maent yn eu cyflawni. Mae Iechyd Cyhoeddus Cymru wedi creu partneriaeth â SOS-UK sy'n cyflwyno'r rhaglen Effaith Cwyrdd – rhaglen sydd wedi ennill gwobrau'r Cenhedloedd Unedig, a gynlluniwyd i hyrwyddo arfer amgylcheddol a chymdeithasol gynaliadwy o fewn sefydliadau – i gefnogi Fframwaith a Chynllun Gwobrwy Gofal Sylfaenol Gwyddach Cymru.

E-bost

Cyfrin-air

☐ Cadwch fi wedi mewngofnodi

[Wedi anghofio'ch cyfrin-air?](#) [MEWNGOFNODI](#)

[Ddim yn aelod eto?](#) [COFRESTRU](#)

GREENER PRIMARY CARE WALES FRAMEWORK & AWARD SCHEME 2025

Do you work in primary care?

Optometry

Community pharmacy

Dentistry

General practice

Join a national Scheme and gain multiple benefits

Social

Clinical

Environmental

Financial

SIGN UP HERE

Read

case studies by visiting our webpages on PC One!

Watch

how other primary care teams like yours have taken action!

"It was fantastic because it gave me a place to start that broke everything down into bite-size changes that I was able to not only implement myself but also engage the whole team in making" Dr Flo King

Contact Us

Greener Primary Care

greenerprimarycare@wales.nhs.uk

Iechyd Cyhoeddus Cymru
Public Health Wales

Greener Primary Care Wales 2022 Yearbook

A collection of case studies to celebrate the first year of the Scheme

Canolfan Datblygu ac Arloesi Gofal Sylfaenol a Chymunedol
Developing Primary Care Initiatives

GOFAL SYLFAENOL GWYRDDACH CYMRU FFRAMWAITH A CHYNLLUN GWOBWRWYO 2025

Ydych chi'n gweithio ym maes gofal sylfaenol?

Optometreg

Fferyllydd yn y gymuned

Deintyddiaeth

Practis Cyffredinol

Ymunwch â Chynllun Cenedlaethol i elwa o nifer o fuddion

Cymdeithasol

Clinigol

Amgylcheddol

Ariannol

COFRESTRWCH YMA

Darllenwch

astudiaethau achos trwy ymweld a'n tudalennau gwe ar Gofal Sylfaenol Uni

Gwylwch

sut mae timau gofal sylfaenol eraill fel eich un chi wedi gweithredu!

"Roedd yn wych oherwydd fe roddodd le i mi ddechrau ar y gwaith oedd yn torri popeth yn newidiadau bychain yr oeddwn yn gallu eu gweithredu fy hun ond hefyd trwy gydweithio â'r fim cyfan i'w gwblhau" Dr Flo King

Cysylltwch â ni

Gofal Sylfaenol Gwyddach Cymru

greenerprimarycare@wales.nhs.uk

Iechyd Cyhoeddus Cymru
Public Health Wales

Gofal Sylfaenol Gwyddach Cymru Blwyddlyfr 2022

Casgliad o astudiaethau achos i ddatblygu blwyddyn gyntaf y Cynllun

Canolfan Datblygu ac Arloesi Gofal Sylfaenol a Chymunedol
Developing Primary Care Initiatives

Action in our framework

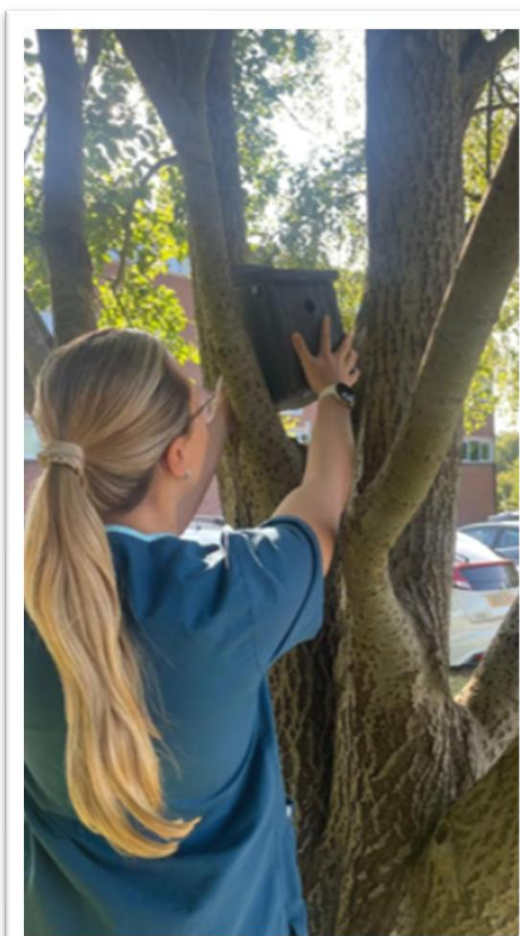
The practice has optimised and maintains its outside areas and green spaces for biodiversity and has increased the opportunities available for local wildlife to thrive, as well as supporting the benefits of green spaces to health and wellbeing.

Cam gweithredu yn ein fframwaith

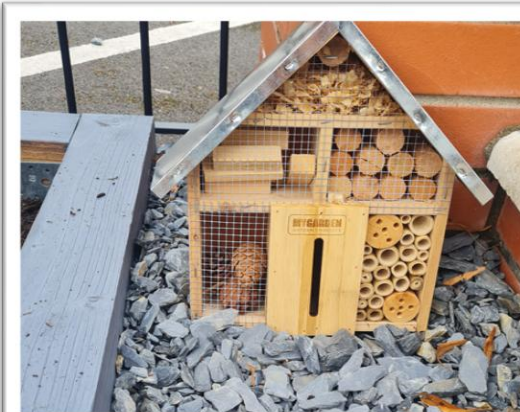
Mae'r practis wedi gwneud y gorau o'i ardaloedd allanol a'i fannau gwyrdd ar gyfer bioamrywiaeth ac yn eu cynnal a'u cadw, ac wedi cynyddu'r cyfleoedd sydd ar gael i fywyd gwylt lleol ffynnu, yn ogystal a chefnogi buddion mannau gwyrdd i iechyd a llesiant.

	2022	2023	2024	2025/6
Number of practices completing this action / Nifer y practisau sy'n cwblhau'r cam gweithredu hwn	13	18	35	40...+





Our garden is beautiful and a lovely place to unwind with a cup of tea and a book when we have a break. Big thanks to Francesca's grandmother-in-law for a lovely bench.



Specsavers Opticians, Haverfordwest

WHAT WE DID

Our participation in the Greener Primary Care Wales Scheme came at the perfect time as it coincided with a relocation of our store to a new premises. This gave us the opportunity to incorporate environmental sustainability into every aspect of the business.

In 2024 we completed 43 actions. Some were small such as battery recycling and some were larger ones relating to our building design and provision of ergonomically equipped consulting rooms. We have installed energy efficient sensor-controlled lighting, changed our administrative processes to a paperless system and have made a huge effort on staff health and wellbeing.

Knowing that there was an award to win which could be added to our collection displayed in store motivated and energised us to work as a team. We provided protected time for one staff member to lead this work. The Scheme opened our minds, broadened our perspective on what constitutes environmental sustainability and made us realise there is no one way. Without having such a comprehensive list of actions, we never would have thought to have made some of the changes we did.

We faced our share of challenges along the way, which was to be anticipated given the level of change expected from staff and from a corporate perspective, however with perseverance and a willingness to compromise we managed to achieve **Gold** in our first year!

WHAT ARE WE MOST PROUD OF

We are very proud of our group effort across many actions which has resulted in a reduction in the waste we generate, healthier eating whilst in work, and participation in more physical activity leading to a healthier and happier workforce. There were a few key members of staff leading by example and providing encouragement to others who were instrumental in this change.

We really appreciate working in such a great building with lots of space and natural light. Our patients enjoy sitting in the waiting areas admiring the views before their appointment.



**SPECSAVERS HAVERFORDWEST
RECEIVED A
GREENER PRIMARY CARE WALES
GOLD AWARD IN 2024**



TO FIND OUT MORE VISIT:

<https://www.specsavers.co.uk/stores/haverfordwest>

Talbot Road Dental Practice, Port Talbot



CREATING AN OUTSIDE GREEN SPACE

WHAT WE DID

We wanted to create a green space where our team can go to relax at lunchtime, or just step out for a quick 'mask-free' break. Our practice is on an urban street, however despite this we felt we had some space to better utilise.

We wanted to use the gravel rear garden that the owners used for parking to create a garden to help insects and birds thrive and to be enjoyed by staff. The design had to allow space to park two cars.

HOW WE DID THIS

Our first step was to construct a gate at the rear of the property for privacy, to reduce litter from the lane blowing into the garden and to stop dogs using the area as a toilet.

We collected a top up of gravel from a staff member's garden who was also renovating their garden to increase wildlife and biodiversity at home. This would have otherwise gone in a skip.

One staff member introduced a bird feeder. Straight away, more birds were visiting. Unfortunately, we had to remove our bird feeder as squirrels were taking all the food and then they chewed through an electric cable! Unperturbed we installed a bird nesting box donated to us. We now have plans for a hedgehog house and a bug hotel.

Two old planters picked up from our local civic amenity site were painted with recycled paint providing some privacy. We have also reused planters that have been donated by the team.

We have asked friends and family for plants and have grown cuttings ourselves. We have tried to use plants that encourage pollinators. Another member of staff started planting a border with three trees; two of which were free from The Woodland Trust, and other shrubs that will provide plenty of berries for the birds and with a bit of luck some plums for us!

We have started a herb garden in recycled containers that the team are welcome to pick. Our tea brewed with our chocolate mint leaves is very popular.

Needing somewhere to sit, we were lucky enough to have picked up a free table and chair set, that otherwise would have gone to landfill. After a little TLC it provided a lovely area for the team to socialise.

We have installed a solar water fountain which also doubles up as a bird bath, however, we recognise that this is very much dependent on the local weather in Port Talbot!

We are really proud of what we have achieved so far and look forward to watching it grow. We are still using the garden every day.

WHAT DIFFERENCE CAN DOING THIS MAKE?

We have been pleasantly surprised by the effect the garden has had not just on our team, but also on our local community. We have had neighbours we have never spoken to stopping to chat.

The team were most appreciative of the space during the summer, especially in the heatwaves. Several team members are asking for garden advice and cuttings so that they can 'green up' their own space at home. Already team members are thinking creatively about the space and what they can bring to it.

Watching the wildlife from the practice windows helps us all de-stress during our busy working days. We are amazed by the amount of wildlife such as birds, bees and butterflies that visit our garden.



TOP TIPS

Make sure your team is on board as you can't do it alone and no-one wants to see a wilting, neglected garden every day.

Utilise friends and family for donations.

Be creative. You don't have to spend a lot of money to create a lovely green space.

TO FIND OUT MORE

Further information about The Woodland Trust and free trees for communities can be found [here](#).

CONTACT

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FRAMEWORK ACTION

BUILDINGS & ESTATES

The practice has optimised its outside areas and green spaces for biodiversity and has increased the opportunities available for local wildlife to thrive, as well as supporting the benefits of green





Diolch Thank you

[Greener Primary Care Wales](#) / [Gofal Sylfaenol Gwyrddach Cymru](#)
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